

Athlete (U14+) Code of Conduct

Ringette BC is committed to providing its members with a safe and positive environment in which all individuals are treated with respect. The essential elements of character building and ethics in Ringette are embodied in the core principles of trustworthiness, respect, responsibility, fairness, caring and citizenship. The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials, coaches and spectators.

The following Code of Conduct has been developed to aid athletes in achieving a level of behavior, which assists them in becoming well-rounded, self-confident and productive individuals.

ATHLETES HAVE A RESPONSIBILITY TO:

1. Uphold and promote the True Sport Principles in all aspects of my athlete experience.

The True Sport Principles are:

- ⦿ GO FOR IT!
Rise to the Challenge – always strive for excellence. Discover how good you can be.
- ⦿ PLAY FAIR
Play honestly – obey both the letter and the spirit of the rules. Winning is only meaningful when competition is fair.
- ⦿ RESPECT OTHERS
Show respect for everyone involved in creating your sporting experience, both on and off the field. Win with dignity and lose with grace.
- ⦿ KEEP IT FUN
Find the joy of sport. Keep a positive attitude both on and off the field.
- ⦿ STAY HEALTHY
Place physical and mental health above all other considerations – avoid unsafe activities. Respect your body and keep in shape.
- ⦿ INCLUDE EVERYONE
Share sport with others. Ensure everyone has a place to play.
- ⦿ GIVE BACK
Find ways to show your appreciation for the community that supports your sport and helps make it possible.

2. Treat other players, coaches, officials and spectators with respect regardless of a person's culture, color, ancestry, nationality, age, political beliefs, religion, family status, physical or mental disability, gender or sexual orientation.
3. Consistently display high personal standards and project a favorable image of the sport of Ringette.

AS AN ATHLETE I WILL:

1. Refrain from public criticism of fellow athletes, coaches, officials and spectators;
2. Abstain from the use of tobacco and cannabis products and discourage their use by fellow athletes and coaches;
3. Abstain from drinking alcoholic beverages while participating in athletic events;

4. Abstain from possession or use of any substance prohibited by Federal or Provincial Law;
5. Adhere to the guidelines provided by the Canadian Centre for Drug-Free Sport and abstain from the use of all banned substances and methods;
6. Refrain from the use of profane, insulting, harassing or otherwise offensive language;
7. Refrain from vandalism and behaviours that may cause malicious damage to property or persons;
8. Abstain from personal misconduct causing harassment to participants, officials, coaches or spectators;
9. Treat opponents and officials with respect; both in victory and defeat; and,
10. Uphold the rules of Ringette, and the spirit of those rules.

ATHLETES MUST:

1. Respect the dignity of coaches, officials and fellow athletes; verbal or physical behaviors that constitute harassment or abuse are unacceptable;
2. Never advocate or condone the use of drugs or other banned performance enhancing substances or methods;
3. Never provide underage athletes with alcohol;
4. Adhere to all policies and guidelines of Ringette BC, leagues and Club-Association; and,
5. Adhere to the Social media guidelines and policies and any further directions from my coach and team.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Athletes' Code of Conduct.

Player's Name (Please print): _____

Player Signature: _____

Parent/Guardian Signature: _____

Date: _____

