

## Athlete (U12 and below) Code of Conduct

Ringette BC is committed to providing its members with a safe and positive environment in which all individuals are treated with respect.

The following Code of Conduct for athletes in the U12 and below has been developed to aid athletes in achieving a level of behavior that assists them in becoming well-rounded, self-confident and productive individuals.

1. I will uphold and promote the True Sport Principles in all aspects of my athlete experience.  
The True Sport Principles are:
  - ⦿ GO FOR IT!  
Rise to the Challenge – always strive for excellence. Discover how good you can be.
  - ⦿ PLAY FAIR  
Play honestly – obey both the letter and the spirit of the rules. Winning is only meaningful when competition is fair.
  - ⦿ RESPECT OTHERS  
Show respect for everyone involved in creating your sporting experience, both on and off the field. Win with dignity and lose with grace.
  - ⦿ KEEP IT FUN  
Find the joy of sport. Keep a positive attitude both on and off the field.
  - ⦿ STAY HEALTHY  
Place physical and mental health above all other considerations – avoid unsafe activities. Respect your body and keep in shape.
  - ⦿ INCLUDE EVERYONE  
Share sport with others. Ensure everyone has a place to play.
  - ⦿ GIVE BACK  
Find ways to show your appreciation for the community that supports your sport and helps make it possible.
2. I will play Ringette because I want to, not just because others or coaches want me to;
3. I will play by the rules of Ringette, and in the spirit of the game;
4. I will control my temper – throwing equipment and speaking inappropriately can spoil the activity for everybody;
5. I will respect my team mates and the members of the other team and I will do my best to be a true team player;
6. I will remember that winning isn't everything – that having fun, improving skills, making friends, and doing my best are most important;
7. I will acknowledge all good plays/performances – those of my team and my opponents; and,
8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

I, \_\_\_\_\_ agree to abide by and follow this code of conduct.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_