

## COVID – 19 Safety Plan – Chilliwack Ringette

All Ringette Member Associations including Leagues and Club-Associations MUST develop a COVID -19 Safety Plan. This template was adapted by Ringette BC from the [viaSport COVID-19 SAFETY PLAN TEMPLATE](#).

Ringette BC has created a COVID-19 Safety Plan for Ringette BC, which follows the Worksafe BC template. Ringette BC's Return to Ringette Guidelines are the guiding document for answering the questions listed in the Safety Plan.

The Ringette BC COVID-19 Safety Plan is approved by the Ringette BC Board of Directors. It is a public document.

### STEP 1: Assess the Risks at your facility or facilities: Sardis Sports Plex, Rinks 1, 2 &3

Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk.

- We have identified where people gather:
  - Entry Foyer
  - Bleachers
  - Dressing Rooms
  - Benches
- We have identified situations and processes where individuals are close to one another or members of the public:
  - Washrooms – arena protocol allows 2 in washroom only
  - Facility entry/exit – marked by the facility for entry/exit to the building and the ice surface
  - Team benches – benches are closed
- We have identified the equipment that may be shared by individuals:
  - No equipment will be shared with the exception of team goalie equipment
  - Goalie equipment will be sanitized and quarantined for 14 days prior to being used by another athlete
- We have identified surfaces that people touch often:
  - Facility door handles, railings and the communal washrooms
  - Door handles surrounding the ice surfaces

## STEP 2: Implement Protocols to reduce the risks at the Sardis Sports Plex

Select and implement protocols to minimize the risks of transmission. Look to the following for information, input and guidance:

- viaSport Sector Guidelines and your sport-specific guidelines. You may be required to identify and implement additional protocols if the posted protocols don't address all the risks to your workers.
  - There are no additional requirements
- Orders, guidance, and notices issued by the provincial health officer and relevant to your industry. Updates will be posted at [www.viasport.ca](http://www.viasport.ca)
  - Will be posted by the facility
- Municipal or facility Guidelines
  - Will be posted by the facility and on the Chilliwack Ringette website at [www.chilliwackringette.ca](http://www.chilliwackringette.ca)

First level protection (elimination): Limit the number of people and ensure physical distance whenever possible

- We have established maximum program numbers for our program that meets facility requirements
  - 12 athletes and 2 coaches on the ice surface
  - One parent/adult per athlete – no siblings
  - 40 person maximum for the ice rink and the common areas
  - Change rooms are closed – athletes are expected to arrive no more than 15 minutes to ice time and be fully dressed. There will be areas marked in the bleachers where athletes can remove skate guards and fasten helmets
  - No equipment bags are allowed in the facility
- We have established and posted occupancy limits for common areas such as meeting rooms, change rooms, washrooms, and elevators (if applicable).
  - Change rooms are closed
  - Facility has marked occupancy limits for meeting rooms and washrooms
- We have implemented measures to keep participants and others at least 2 metres apart, wherever possible.
  - Facility has implemented the use of social distancing markers and arrows on the floor

### Measures in Place:

List your control measures for maintaining physical distance in your environment. If this information is in another document, identify that document below:

As mentioned above, the facility has implemented the use of social distancing markers and arrows on the floor. Benches will only be used if social distancing is possible.

On the ice, the rules as per BC Ringette at [www.ringettebc.ca](http://www.ringettebc.ca) will be followed, 2 meters off the ice and a stick length minimum distance on the ice.

#### Second level protection (engineering): Barriers and partitions

##### **This section may only apply to facility owners and operators**

- We have installed barriers where Participants can't keep physically distant from co-workers, customers, or others.
  - The facility has cordoned off areas that cannot be used
  - The minor official's area will only be used if social distancing is possible
- We follow the guidelines as provided by the City of Chilliwack documented in Covid-19 Resuming Operations for the Sardis Sports Complex at 5725 Tyson Road, Chilliwack.

#### Third level protection (administrative): Rules and guidelines

- We have identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves.
  - Rink protocols for Parents and Players is posted at [www.chilliwackringette.ca](http://www.chilliwackringette.ca)
  - Rules and guidelines for participants, coaches, volunteers and spectators are outlined in the Return to Ringette guidelines at [www.ringettebc.ca](http://www.ringettebc.ca) and follow the Ringette Canada National Directive at [www.ringette.ca](http://www.ringette.ca)
- We have clearly communicated these rules and guidelines through a combination of training and signage.
  - Waivers must be read, signed and submitted prior to athletes first ice time.

#### Fourth level protection: Using masks (optional measure in addition to other control measures)

- We have reviewed the information on selecting and using masks and instructions on how to use a mask.
- We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented.
- We have trained individuals on the proper use of masks (if applicable).
- We follow the regulations as outlined in the Return to Ringette guidelines at [www.ringettebc.ca](http://www.ringettebc.ca) and the Ringette Canada National Directive at [www.ringette.ca](http://www.ringette.ca)

#### Measures in place

- Who will use masks?

- What work tasks will require the use of masks?
- How have workers been informed of the correct use of masks?

**Coaches are required to have a mask on their person in the event social distancing efforts are not possible. In the event of an injury (an athlete requiring the coach to break the 2m barrier) the coach will wear a mask and gloves if/when the barrier is broken between the coach and athlete.**

**All coaches must participate in a Ringette BC Coach Education Seminar.**

### Reduce the risk of surface transmission through effective cleaning and hygiene practices

- We have reviewed the information on cleaning and disinfecting surfaces.
  - The facility will be responsible for cleaning/sanitizing the common use areas
  - Coaches will be responsible for cleaning any props used following each event
- Our sport facility has enough handwashing stations on site for our participants. Handwashing locations are visible and easily accessed.
  - The facility has increased cleaning and sanitizing measures which will be available at the facility
- We have communicated good hygiene practices to participants, coaches, volunteers, etc. We have implemented cleaning protocols for all common areas and surfaces.
- Workers who are cleaning have adequate training and materials.
  - This will be completed by the facility
- We have removed unnecessary tools and equipment to simplify the cleaning process

### Cleaning protocols

Provide information about your cleaning plan. Specify who is responsible for cleaning, the cleaning schedule, and what the cleaning protocols will include (e.g., which surfaces, tools, equipment, etc). If this information is in another document, identify that document here.

Jerseys will be assigned to each athlete and no sharing of jerseys or pinnies will occur. Rings and cones used by one team will belong to that specific team only. Coaching staff will sanitize equipment following every ice event. Other cleaning protocols will be completed by the facility.

### Step 3: Develop policies

Develop the necessary policies to manage your sport. Our policies ensure that workers, participants and others showing symptoms of COVID-19 are prohibited from participating in sport activities:

- Anyone who has had symptoms of COVID-19 in the last 14 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Anyone directed by Public Health to self-isolate.
- Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.

- Our policy addresses individuals who may start to feel ill while participating.  
**It includes the following:** Sick individuals should report to first aid (or designated individual), even with mild symptoms.
- Sick workers should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the worker to go straight home. [Consult the [BC COVID-19 Self-Assessment Tool](#), or call 811 for further guidance related to testing and self-isolation.]
- If the worker is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill worker has come into contact with.

Refer to: BC Ringette Illness Policy [www.ringettebc.ca](http://www.ringettebc.ca) 1.19 Illness Policy (attached at the end of this document for easy reference).

#### Step 4: Develop communication plans and training

You must ensure that everyone participating in the sport activity knows how to keep themselves safe while participating:

- We have a communication and training plan to ensure everyone is trained in policies and procedures. All participants have received the policies for staying home when sick.
  - Provided to all parents and athletes in the form of waivers to be completed prior to the athlete's first event.
- We have posted signage at the sport location, including occupancy limits and effective hygiene practices.
  - The facility has supplied occupancy limits and increased sanitizing protocols.
- We have posted signage indicating who is restricted from participating, including visitors and workers with symptoms.
  - The facility has posted signage restricting symptomatic persons
- Coaches or safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.
  - COVID Safety Officer and the COVID Safety Committee members are trained on all protocols and will be in attendance at events to ensure understanding and compliance.

#### Step 5: Monitor and update your plans as necessary

Things may change as your business operates. If you identify a new area of concern, or if it seems like something isn't working, take steps to update your policies and procedures.

- We have a plan in place to monitor risks. We make changes to our policies and procedures as necessary.
  - The COVID Safety Officer will stay informed on updates and changes which will be implemented and dispersed accordingly
- Individuals know who to go to with health and safety concerns.
  - The Chilliwack Ringette COVID Safety Officer. All parents and athletes will have contact information for the COVID Safety Officer.
- When resolving safety issues, we will involve designated health and safety representatives.

- Any new issues will be discussed and resolved with the Chilliwack Ringette President, the COVID Safety Officer and the COVID Safety Committee.

#### Step 6: Assess and address risks from resuming operations

If your workplace has not been operating for a period of time during the COVID-19 pandemic, you may need to manage risks arising from restarting your programming/business.

- We have a training plan for new staff, coaches, volunteers, and participants.
  - Coaches are required to take a Coach Education Seminar through [www.ringettebc.ca](http://www.ringettebc.ca)
  - Coaching staff will ensure all other volunteers and participants understand policies and procedures.
- We have a training plan for staff, coaches, volunteers taking on new roles or responsibilities.
  - The COVID Safety Committee will ensure all persons in new roles understand the risks, policies and procedures.
- We have a training plan around changes to our business/programming.
  - COVID Safety Committee will address any changes and ensure all event participants are notified.
- We have identified a safe process for cleaning and removing things that have been out of use.
  - All items will be sanitized accordingly following a 14-day isolation period.

#### Organization Information:

**Club – Association Name:** CHILLIWACK RINGETTE ASSOCIATION

**COVID – 19 Safety Plan was approved on: August 17, 2020 by Ringette BC (v.01)**

#### DISCLAIMER:

As we receive updates from the BCCDC and BC Health Officer, this document will be adjusted and any changes to policy or procedures will be communicated to our association members through the COVID Safety Committee.

#### **Be advised that personal information must not be included in the COVID-19 Safety Plan**

Personal information is any recorded information that uniquely identifies a person, such as name, address, telephone number, age, sex, race, religion, sexual orientation, disability, fingerprints, or blood type. It includes information about a person's health care, educational, financial, and criminal or employment history. Visit <https://www.oipc.bc.ca/about/legislation/> for more information.